



Transitional Kindergarten
Tigers
Weekly Newsletter
September 12 - 16, 2022



Unit of Study: Nutrition

Bible Story: Moses

Bible Verse: Exodus 3:4 God called to him from the midst of the bush, "Moses, Moses!" And he said, "Here I am."

Phonics: This week's letter: Lamp L l - The jingle is: L says "l", as in lamp. L says, "l, l, l".

This week's blends are: la, le, li, lo, lu (using the short vowel sound).

Academics to Practice this Week: Number: 7 Shape: Square Color: Brown (Students may earn a sticker for wearing the color of the week.)

Homework: When your child brings home a homework page with a "blend ladder" on the back, the instructions say to color the picture and **read the blends**. Please help them to be successful, by asking them to read these blends to you. It's ok, if they need help. They can sound out the letters first and then try to read them. Please make sure they are doing this. If you have any questions, let me know.

Folders: Please remember to take **everything** out of your child's folder every night. It helps them to be independent when they come to school in the morning and can give me all the papers in their folder. It is confusing when there are other papers and they don't know which papers to turn in. Thank you for helping your child to be responsible.

Special Snack: This Thursday, we will eat "Apples". Please use the sign-up on the outside window if you would like to donate items for this special snack. Thank you!

Share Time: The students may bring one item related to nutritious food.

Home Enrichment Activities:

- Take your child grocery shopping with you. Point out foods that are in different food groups (dairy, protein, grains, and fruits & vegetables), and pick up something new to try with your child!
- Involve your child in the process of packing their lunch for school. If your child does not stay at school for lunch, have them help you pack yourselves some lunches and go on a picnic!
- Have your child help you make a nutritious dinner for the whole family! Include all the food groups in your meal. Ask your child for their ideas for dinner, and work from there.
- Pray and thank God for giving us so many blessings, including food to eat.

