



## Mrs. Verhoef's Preschool 4

Weekly Newsletter  
August 12-16, 2024



**Unit of Study:** Me! My Body!

**Bible Story:** The Garden of Eden

**Bible Verse:** "In the beginning God created the heavens and the earth." Genesis 1:1

**Academics to Practice This Week:** Shape: Square Color: Blue Number: 2 Letter: A

**Featured Composer:** Every month we will listen to a famous classical music composer during our art and quiet activity time. This month our featured composer is Johann Strauss, Jr.

**Share Time:** Children may bring one item from home relating to the unit of study or that pertains to the academics we are practicing. Share day is every Thursday for our T/Th students and every Friday for our M/W/F students. 5-day students may share on either Thursday or Friday. **Please label your child's share item with their name.**

**Special Snack:** We will have a special snack on Thursday, August 24<sup>th</sup>. This is for our "Me! My Emotions!" unit of study. Please see the sign-up sheet on the window outside of our class if you would like to help provide items for the special snack.

### **Home Enrichment Activities:**

- Help your child develop large motor skills at home. These are the skills that develop the strength and motor control they need to write and draw. Here are some ideas:
  - Draw a large circle with chalk on the ground and have them hop around it.
  - Have them practice throwing and catching a beach ball.
  - Set up a simple obstacle course in your backyard to have them run through.
- Play "Simon Says" with your child to help them learn the names of body parts. Say things like, "Simon Says touch your ears" or "Simon Says touch your foot". This is a great game to play while you are out and about. They will have fun while they learn about body awareness!
- Draw an outline of your child's body by using chalk to trace around them as they lay down outside on the sidewalk or by tracing their shadow. Let them use chalk to color the drawing of themselves.
- Read about the "Garden of Eden" in Genesis chapter 2. Create a pretend Garden of Eden and act out this Bible story with your child. Take toy animals out to your backyard or the park and use that as your garden; use toy people for Adam and Eve. Acting out the story will help your child visualize and remember the Bible story.



God bless you all,  
Kari Verhoef

