



MISS NEILSON'S



Weekly Newsletter
September 12-16, 2022

Weekly Academics:

Letter: G

Number: 7

Color: Black

Shape: Rectangle

Unit of Study: Nutrition

Bible Story: Joseph's Coat of Many Colors

Big Idea: God is always with us!

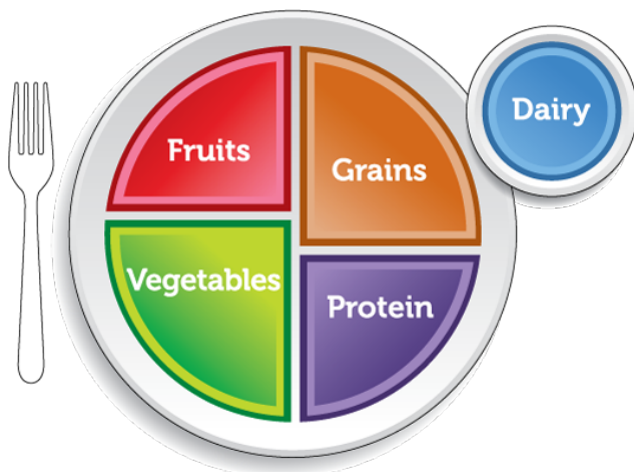
Sharetime: Children may bring one item related to nutrition.

Featured Composer: Johann Strauss, Jr.



Home Enrichment Activities:

- Have your child help you make a nutritious dinner for the whole family! Include all of the food groups in your meal. Ask your child for their ideas for dinner, and work from there.
- Involve your child in the process of packing their lunch for school. If your child does not stay at school for lunch, have them help you pack yourselves a lunch and go on a picnic!
- Read "The Very Hungry Caterpillar" with your child. Ask them open-ended questions (questions that have more than a yes or no answer) while you read together. For example: "What kind of food do you think the caterpillar will eat next?"
- Take your child grocery shopping with you. Point out foods that are in different food groups (dairy, protein, grains, etc.) and pick up something new to try with your child!
- Invite your child to make a colorful coat, like Joseph's, out of different materials, such as streamers, paper, or different pieces of clothing. Remind your child that even though Joseph's coat made his brothers jealous, God was with Joseph and He is always with us!



Special Snack: Tuesday-Thursday students and five-day students will be having a special snack next Thursday, September 22nd. Please use the sign-up on the window, if you wish to donate items. Thank you!

**Love in Christ,
Miss Karen Neilson**