



# Miss Nisbet's

**Weekly Newsletter**  
September 12 – 16, 2022



**Unit of Study:** Nutrition

**Bible Story:** Joseph's Coat of Many Colors

**Bible Verse:** "Rejoice in the Lord always. I will say it again: rejoice!" Philippians 4:4

**Share Time:** Children may bring one item from home that reminds them of nutrition!

**S.P.A. Jingle:** Eel E says, "E, E, E, E, E, E, Eel. I like to fish for a meal!"

**Academics to Practice this Week:** **Color:** black      **Shape:** triangle      **Number:** 7

**Featured Composer:** Ludwig van Beethoven

**Home Enrichment Activities:**

- Practice writing letters and numbers together using a homemade sand tray. Sprinkle a thin layer of sand or soil onto a flat surface, such as a box lid or shallow plastic tub. Spread it evenly, so that the sand is covering the bottom. Use your pointer finger to demonstrate how to write different letters and numbers in the sand, starting with our letter of the week: E, e and our number of the week: 7. You may extend this activity further by having your child practice drawing shapes or writing their name.
- Involve your child in the process of packing their lunch for school. If your child does not stay at school for lunch, have them help you pack yourselves a lunch and go on a picnic!
- Take your child grocery shopping with you. Point out foods that are in different food groups (dairy, protein, grains, etc.) and pick up something new to try with your child!
- Make a colorful coat like Joseph's using rainbow streamers from the Dollar Tree! You will also need wrapping tape and one volunteer to be "Joseph". While you wrap up "Joseph" in different colored streamers, ask your child about the story of Joseph and his dreams. This story can be found in Genesis 37.

God Bless,  
Miss Bonni Nisbet

